



# A Celebration Day for Girls

12th April 2018

Warm greetings!

I am writing to invite you to apply to train as a **Celebration Day for Girls** facilitator. This training is available to a small group of women who have the skills and background, as well as the passion, to step up to this role.

Over the past 18 years I have run **A Celebration Day for Girls** in communities and at schools across Australia, and more recently in the UK. To meet the growing demand I began training women to facilitate this program in 2012.

We currently have 105 licensed facilitators offering **Celebration Day for Girls** in fourteen countries. As our numbers and reach into different communities grows, more and more girls and their mothers are able to enjoy this unique Day and the many benefits that radiate from it.

The inherent transformational magic of puberty and menarche, coupled with the intention and commitment to offer our very best to girls and their mothers/carers, has seen this workshop evolve into a unique and powerful Day offered widely by an exceptional group of women. This is something I could not have envisaged when I responded to the first request in 2000. I believe **A Celebration Day for Girls** meets a vital need at a very specific time of life, for girls as well as for their mums and families.

*Is this a possibility that lights you up?*



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## A Celebration Day for Girls Facilitator Training 2018

9:30am Friday to 4pm Sunday

**20 – 22 April**, Reading, United Kingdom

**27 – 29 April**, Antwerp, Belgium

**3 – 5 August**, Brisbane  
Womenspace, Sandgate

**24 – 26 August**, Melbourne  
Vine and Branches, Lower Plenty (accommodation available)

## Remote Training: Live Online weekly sessions

Week starting **3 September** to week starting **12 November**

**Fee: \$AU770.00**

### The Training includes:

- ✧ In-depth training and support materials to facilitate the four sessions of **Celebration Day for Girls**, including the two-hour mothers session prior to the Day.
- ✧ Lunches and morning and afternoon teas – fresh, delicious and vegetarian (not for the Remote Training!)



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As each participant comes with her own set of skills, training and life experiences, her own path toward running this program will be unique, therefore the training includes:

- ✧ A one-hour (or more, as needed) private session to map your journey toward offering **A Celebration Day for Girls**. We will schedule this for after the Training - in person if possible, or by Zoom or phone. If you intend running **Celebration Day for Girls for girls** in culturally diverse communities we can discuss suitable adaptations of the program to suit these families best.

- ✧ Accommodation for in-person training: The training is held during the day 9:30am to between 5 and 6pm on Friday, a long day on Saturday, from around 8.30 to after dinnertime, and finishing by 4pm on Sunday. Accommodation is each participant's personal responsibility and not included in the training fee.

- ✧ When you are accepted into this training we will send you information on transport to the venue and accommodation options. We can put you in touch with other participants where this would be helpful.

When you first offer this workshop:

- ✧ You will be mentored through your preparation and debriefed after running the workshop, ongoing for as long as you and your mentor feel this is useful.



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✧ You will benefit from group publicity materials and support as you begin. If there are requests for **A Celebration Day for Girls** in your area these will be referred to you.

✧ [www.celebrationdayforgirls.com](http://www.celebrationdayforgirls.com) will display your bio, photo and events. If there is another trainee in your area this may open the possibility of joining forces to offer the workshop together.

✧ You will have access to the 'private' facilitator's section of the website, where you will find loads of useful resources.

✧ By training as a **Celebration Day for Girls Facilitator** you will join an exceptional group of women. Many of our facilitators have discovered deep satisfaction and joy through networking, support and friendship with other facilitators, who share many of their passions and have great complimentary skills.

✧ Upon your successful completion of the Training I will license you to run the program for five years, starting from the first workshop you run, which will involve 10% of workshop fees payable to me as a royalty. After five years I consider the experience, expertise and creativity you will have brought to **A Celebration Day for Girls** for the program to then to be wholly yours.

Details of this arrangement and the licensing agreement will be discussed at the Training. If you prefer an alternative arrangement you can pay an upfront fee of \$3080 for the Training and licensing, with no further fees payable thereafter.



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Please note: if there is a gap in your knowledge in a key background topic for **A Celebration Day for Girls**, that isn't covered in the Training, you may be asked to address this before being licensed, with our support.

**If all this sounds interesting to you and you're keen to register please return the requested information and registrations on the accompanying Application Form.**

If you have any further questions regarding what the training involves and whether it's a fit for you please contact me at [jane@janebennett.com.au](mailto:jane@janebennett.com.au). We can arrange a time to speak.

For more information go to [www.janebennett.com.au](http://www.janebennett.com.au) and look under 'events', 'workshops' and 'about' (includes mums and girls sharing their experiences). In 'media' there are a number of articles that will give you more idea about my perspective and approach. If you aren't familiar with my publications go to 'resources'. Of course, [www.celebrationdayforgirls.com](http://www.celebrationdayforgirls.com) will give you more information about the program.

I look forward to hearing from you. With love and happy anticipation!

*Jane Bennett*

*"The weekend training with Jane and eleven other wonderful women was absolutely fantastic!! I had pretty high expectations but I have to say that it was even better than I could ever have imagined. There was warmth, love, support, tears and so much laughter, and I believe that it was healing for all of us there, even though that wasn't the intent. I feel I now have the tools and skills to run my own workshops and I have the support and network of some truly amazing women (especially Jane) to help me deliver the course to it's full potential. I cannot recommend it highly enough to anyone who wants to work in this field, it was amazing!" Kate*

*"Thanks for providing an absolutely fantastic, supportive, inspiring, and thought-provoking weekend!" Jac*



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*"The CDG training expanded my world and empowered me. I drove home feeling as if I had so many more options, both professionally and personally. I felt even more passionate about the importance of this work. I feel the potential of deep cultural change from our training together and for every CDG that will flow from it. The weekend training offered a safe and nourishing space in which connections, confidence and supported growth were natural outcomes. I now glow with thought that there are at least 13 of us sharing the vision of this work with clarity. Thank you Jane for calling us in and sharing your work and wisdom with such generosity and trust." Ingrid*

*"Attending Jane Bennett's facilitator training for A Celebration Day For Girls was both a culmination of many years personal work leading me there and an exciting new beginning all in one. The days were filled with delicious information presented in the womanly art form of circle. There were many spaces of sharing created between all the wonderful women present and Jane so wisely held the space prompting our sharing and learning and moving us through the great wealth of knowledge she has to offer. If this work calls to you, then this is one of the most exciting and satisfying experiences you will find. It was a workshop so full of generosity that I left replete with my creative juices burning and the confidence to begin the sharing of A Celebration Day For Girls." Anne*